

## **ELDERLY CARE OF** THE FUTURE

Friday, July 1, 11.00-11.50 Venue: Louise Marie Nursing Home

#### **OPENING REMARKS** 11:00-11:10

Introductory remarks and presentation of the panel

By: Dr. Samir Sinha, Director of Geriatrics, Sinai Health System and University Health Network, Canada

#### 11:10-11:40 **PANEL DEBATE**

Panelists:

Morten Rasmussen, Director of Danish.Care - the Danish Trade Association for Assistive Technology.

Mads Biering la Cour, Director, Elderly and Dementia, The Danish Health Authority

Dr. Jinyong Lee, Director of HIRA Research Institute, Health Service Review and Assessment Service

Jérôme Weinbach, Deputy Director, French Ministry of Health/Ministry of Labour

Moderated by: Samir Sinha, Director of Geriatrics, Sinai Health System and University Health Network, Canada

#### 11:40-11:50 **CLOSING REMARKS**

By: Samir Sinha, Director of Geriatrics, Sinai Health System and University Health Network, Canada





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## What are the future challenges of caring for an ageing population - And how do we secure the provision of high-quality care in the future?

In Denmark, we have dignified elder care that emphasizes involving and empowering every citizen with focus on best meeting their individual needs and preferences. We strive to develop, support, and secure well-functioning and integrated services for our elders, and people living with dementia.

In Denmark the vast majority of citizens wish to stay as long as possible in the familiar surroundings of their own homes and communities. To accommodate their wishes, the provision of care, healthcare, physical training and assisted living technologies that all enable ageing-in-place are particularly important. Furthermore, nursing homes in Denmark focus on providing high-quality care, assistive living technologies, and architecture to improve the quality of life and overall well-being of residents who need to live in these settings while respecting their wishes and personality.

Like many other countries Denmark is facing the challenge of an ageing population. This will only further challenge the way we provide care and healthcare for our ageing population.

This panel will serve as a platform for further discussion that builds on our earlier dialogue with the Mayor of Health and Care, City of Copenhagen, the tour of Louise Marie Nursing Home and the presentation from the Danish Health Authority.







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### Questions guiding the panel debate:

- How do we maintain a sustainable long-term care system with a strong focus on quality of care and life of older persons – with likely fewer family members available and continuing staffing challenges for a growing population of older people in need of care?
  - [Prevention, Reablement, Rehabilitation, more Healthcare at Home etc.]
  - [It is often said that the conditions of work are the conditions of care. What should we be doing/can we do to ensure we continue to attract and retain a high-quality workforce to provide long-term care?]
- 2. How does one ideally figure out the right balance between how much home care vs how much nursing home care is required?
  - [And what about new models for long term care? What are potential innovations that could improve its overall provision?]
- 3. What does it take to embrace technology and digital solutions as part of the solution to shortage of staff and securing independent living and quality of life among older people in need of care?
  - [Implementation, good, efficient solution etc.]









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#### **MODERATOR: DR. SAMIR K. SINHA**

Director of Geriatrics, Sinai Health System and University Health Network, Canada

Dr. Samir Sinha is the Director of Geriatrics at Sinai Health System and the University Health Network in Toronto, Professor of Medicine at the University of Toronto, and the Director of Health Policy Research at Ryerson University's National Institute on Ageing.

A Rhodes Scholar, Dr. Sinha is a highly regarded clinician and international expert in the care of older adults. Dr. Sinha is a member of the Government of Canada's National Seniors Council, and is also currently leading the development of new National Long-Term Care Standards for Canada.



#### **PANELIST: MORTEN RASMUSSEN**

Director of Danish.Care – the Danish Trade Association for Assistive Technology.

Morten represents the companies in Denmark who work with assistive and care technologies for rehabilitation, elderly and people with disabilities. He has been working with public-private cooperation and innovation in health and care industries for the last 15 years in both the private and the public sectors.

Morten holds MA degrees in Political Science and in Political Communication.



Copenhagen.

#### PANELIST: MADS BIERING LA COUR

Director, Elderly and Dementia, The Danish Health Authority

Mads Biering la Cour has been the Director of the Elderly and Dementia unit at The Danish Health Authority since September 2015.

Mads has previously worked at The National Board of Social Services as Head of the Office regarding elderly affairs. Mads is a Master of Arts in European Ethnology from University of



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### **PANELIST: DR. JINYONG LEE**

Director of Division of International Cooperation at the Ministry of Health and Welfare of the Republic of Korea, South Korea

Dr. Lee is the Director of HIRA Research Institute, Health Insurance Review and Assessment Service. He also serves as a professor in the Public Healthcare Center at Seoul National University Hospital and in the department of Health Policy and Management in Seoul National University College of Medicine.



### **PANELIST: JÉRÔME WEINBACH**

Deputy Director, Ministry of Health/Ministry of Labour

Dr. Jérôme Weinbach is Deputy Director of the Delegation for European and International Affairs of the French Ministry of Health and Ministry of Labour.

Jérôme was Head of the Health and Social Protection Division at the French Development Agency (AFD) and special advisor for EU affairs of the French General Director for Health between 2018-21. Prior, Jérôme was Science and Operations Director of the national "Rare Disease Cohorts" program and scientific attaché of the French Embassy in Germany and the UK.